

Government of Sharjah Prevention And Safety Authority



## How to Protect yourself and others from infection



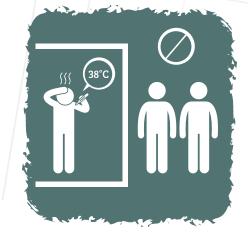
**Avoid touching** your eyes, nose and mouth with your hands



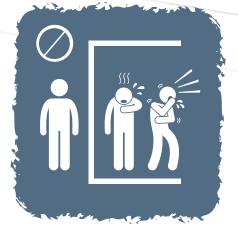
Use a hand sanitizer



Wash your hands reglary with soap and water



If you experince symptoms including cough, sneezing and fever, limit your contact with other people



**Avoid close** contact with anyone showing symptoms of respirtory illness



**Cover your mouth** and nose when you sneez